

Lockdown Activities- Half Term

Pancake day sensory box



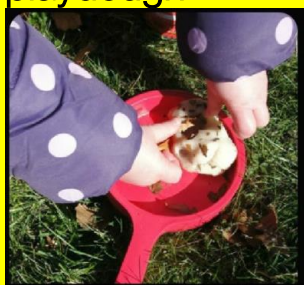
- Create a sensory pancake box or tray using a mixture of ingredients and objects for your children to play with and explore.
- Place items such as some flour, a lemon, an orange, different utensils such as a whisk, different size containers with water, plastic jugs and spoons inside a tray.
- See attached support page further down.
- Watch the children explore the different textures and have fun getting messy.

Making pancakes



- Enjoy using the ingredients we have provided for you all to make some yummy scrummy pancakes!
- Combine the eggs, milk and flour in a bowl, mix together and a spoonful at a time cook in a frying pan with a little oil if needed.
- What topping will you choose? My favourite is sugar and lemon or Nutella! Please send me in some photos.
- Join us on zoom at 2pm to say hi!

Pancakes & playdough



- You will need playdough, play food, role play accessories such as frying pans or saucepans.
- Take your playdough outside and collect natural objects and textures to add to your playdough and have fun role playing making pancakes. Or alternatively collect a range of items from outside such as crunchy leaves, pebbles, and sticks and bring them inside to add to your playdough.
- I have also attached a role play drinks menu below.

Pancake in a pan song



- Grab some instruments, pots and pans-anything to make some noise light up toys and have fun singing this pancake song. In the theme tune to twinkle twinkle little star.
- Singing is great for helping to improve confidence, speech, communication and language.
- See song print out and words below.
- Other song suggestions- Pat a cake, Pat a cake, 5 sausages sizzling in a pan, wheels on the bus, humpty dumpty, Baa Baa black sheep.

Valentines Foam



- Play and eat safe sensory valentines foam
- Ingredients- ½ cup chickpeas water, 1/3 cup of icing sugar (makes it taste nicer) Pink food colouring (optional) Glitter (optional)
- Drain your chickpeas and reserve the liquid (Aquafaba). Keep in the fridge for about an hour or when it is super chilled. Place the chilled chickpeas water and icing sugar in a mixing bowl to whip. Add food colouring (optional)
- Whip your Aquafaba to the desired thickness. It generally requires approximately 7-8 minutes to get to stiff peak form. It might take a longer time to reach stiff peak form, so don't be discouraged.
- Serve on a shallow tray, add some glitter- Watch them have fun!



Making a Pancake

Word Search



m	p	p	j	o	q	k	l	a	g
l	a	a	b	u	m	y	e	x	s
w	n	n	t	u	g	g	m	c	y
c	y	c	c	y	t	x	o	x	r
y	j	a	s	o	i	t	n	f	u
r	d	k	u	u	p	b	e	d	p
m	d	e	g	f	l	o	u	r	k
i	k	t	a	v	e	g	g	s	f
l	y	w	r	b	o	w	l	u	v
k	f	h	s	p	o	o	n	a	v

pancake

lemon

sugar

syrup

milk

eggs

flour

butter






bowl

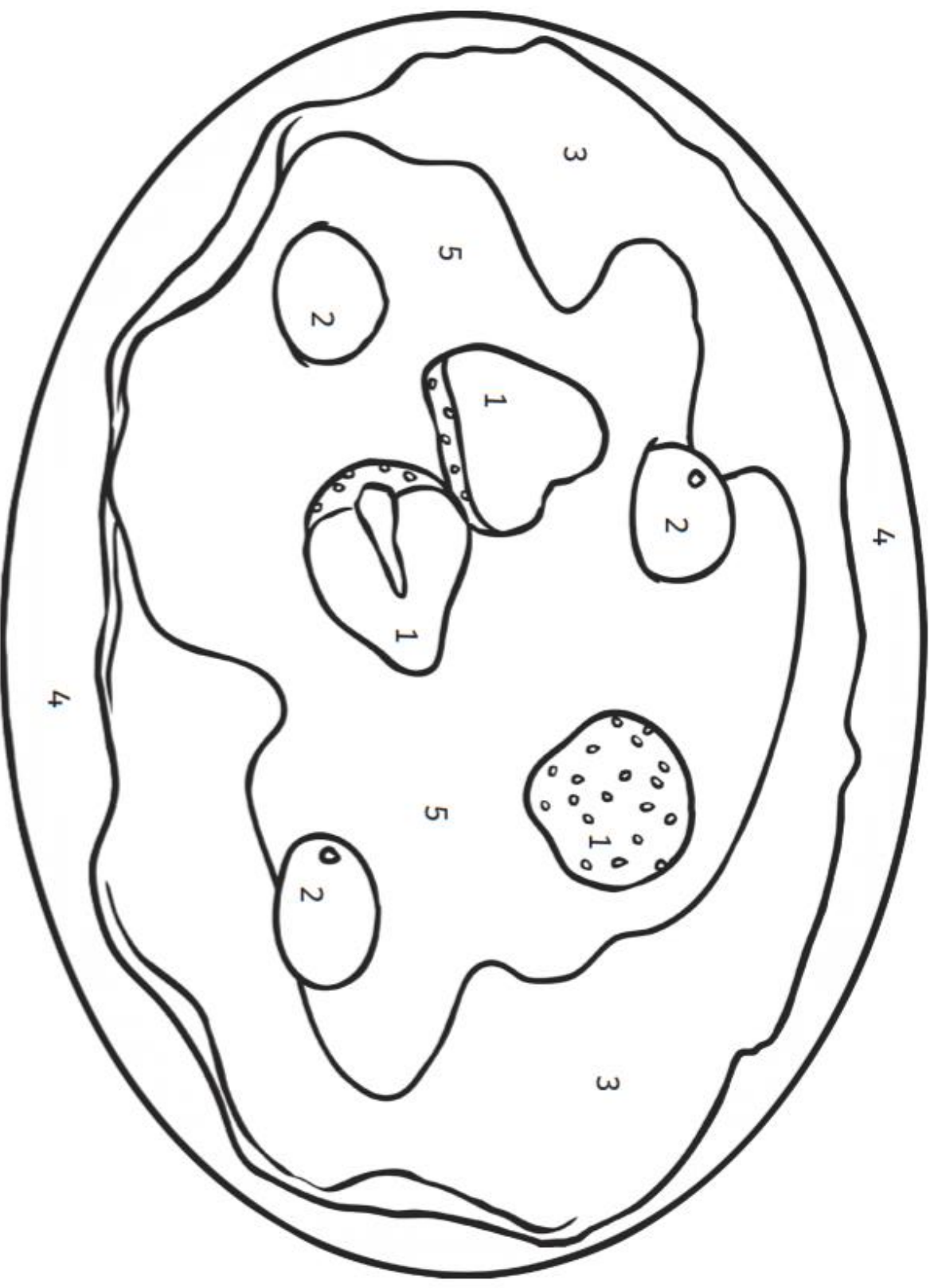
jug

spoon

pan

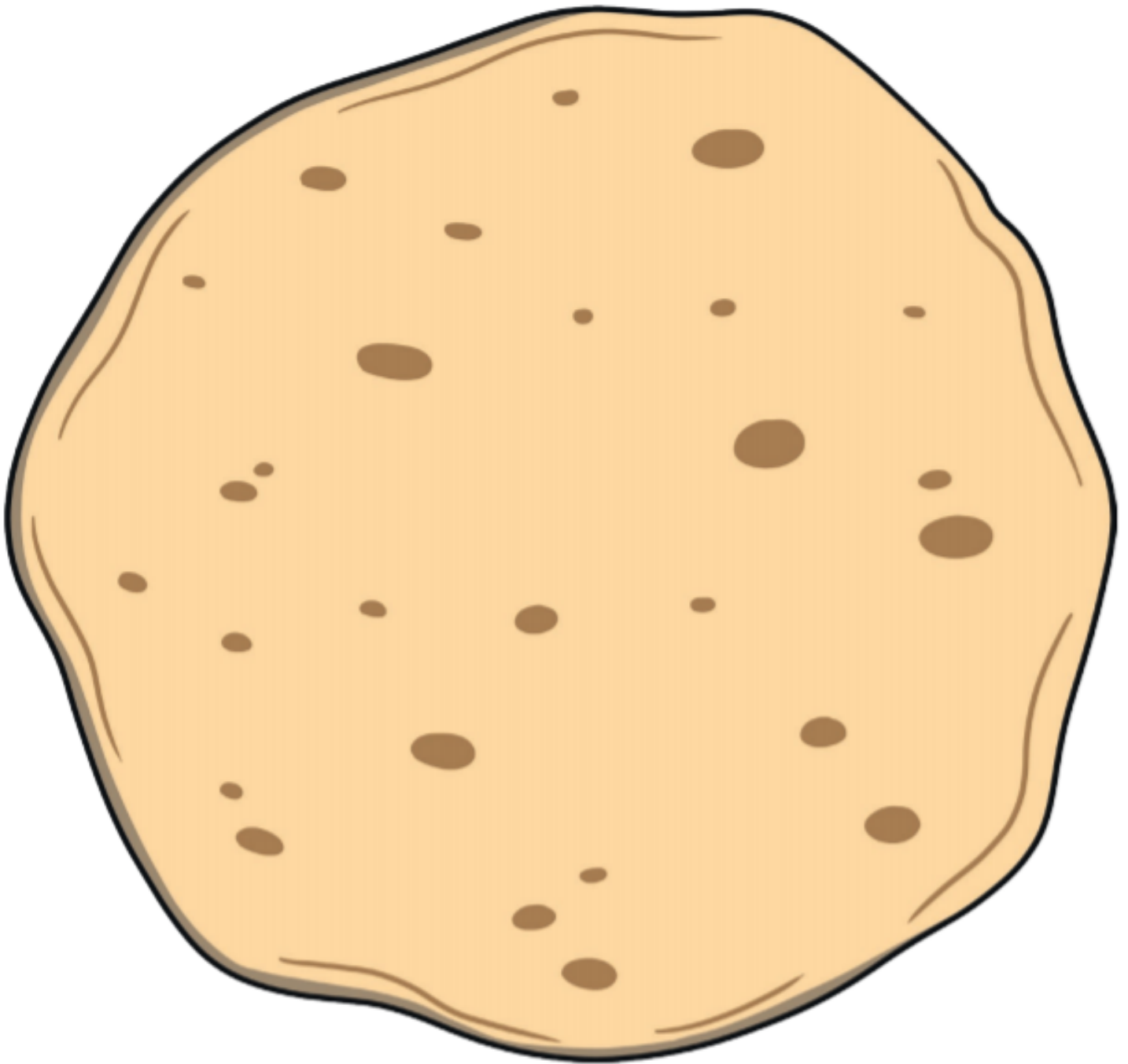
Pancake Day Colour by Number

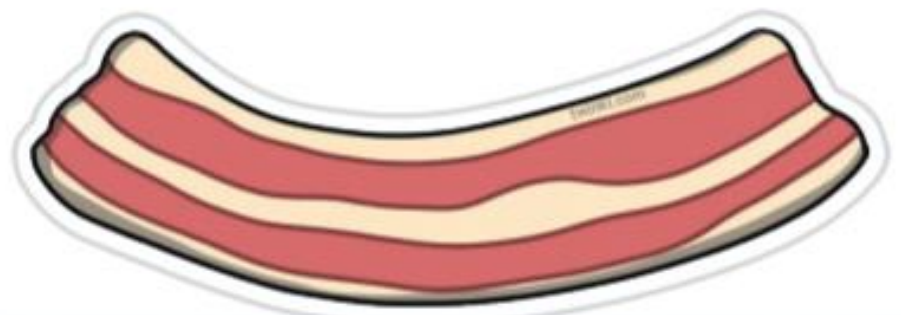
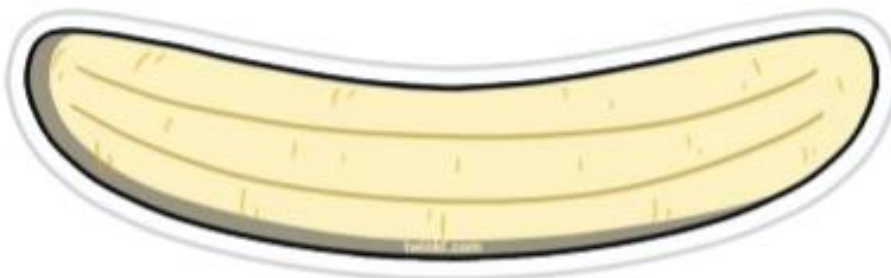
- 1 = 
- 2 = 
- 3 = 
- 4 = 
- 5 = 



Can You Make a Face on the Pancake?

Cut and stick some eyes, a nose and a mouth to make a face on the pancake.





Pancake Day Sensory Box



Create a great sensory experience for Pancake Day by following these instructions. The sensory items could be explored by children and young people in a tray, box or a large durable container.

Items you will need:

- Flour – fill the sensory tub /tray with flour
- Wooden or plastic eggs
- Spoons
- Whisk
- Different shaped jugs
- Plastic cooking utensils
- Oranges and Lemons
- Milk
- Water
- Different sized bowls

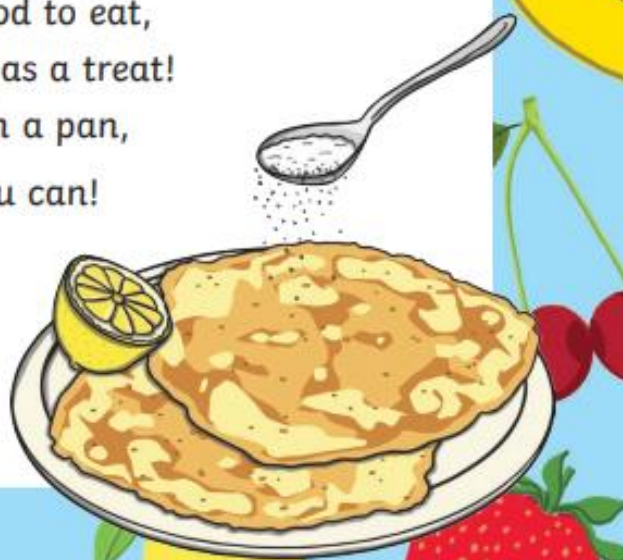
Make a Pancake in a Pan Song

(Sing to the tune of 'Twinkle, Twinkle, Little Star'.)

Make a pancake in a pan,
Flip it over if you can!
Once we have cooked the batter,
Pour on lemon and sugar.
Make a pancake in a pan,
Flip it over if you can!

Make a pancake in a pan,
Flip it over if you can!
Add some toppings, like cherries,
Ba-na-nas or straw-berr-ies.
Make a pancake in a pan,
Flip it over if you can!

Make a pancake in a pan,
Flip it over if you can!
Pancakes are so good to eat,
Chocolate spread on as a treat!
Make a pancake in a pan,
Flip it over if you can!



Role play drinks menu.

Drinks Menu



Tea £1.40



Coffee £1.60



Hot Chocolate £1.50



Fruit Juice £1.20



Milkshake £1.70



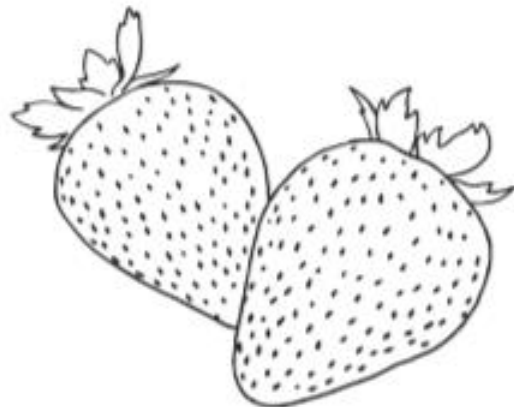
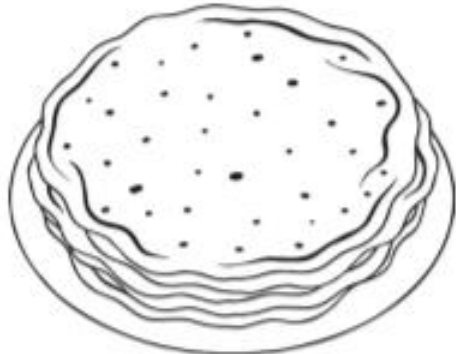
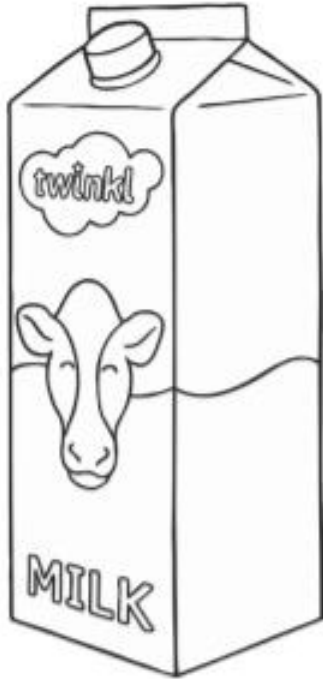
Smoothie £1.30

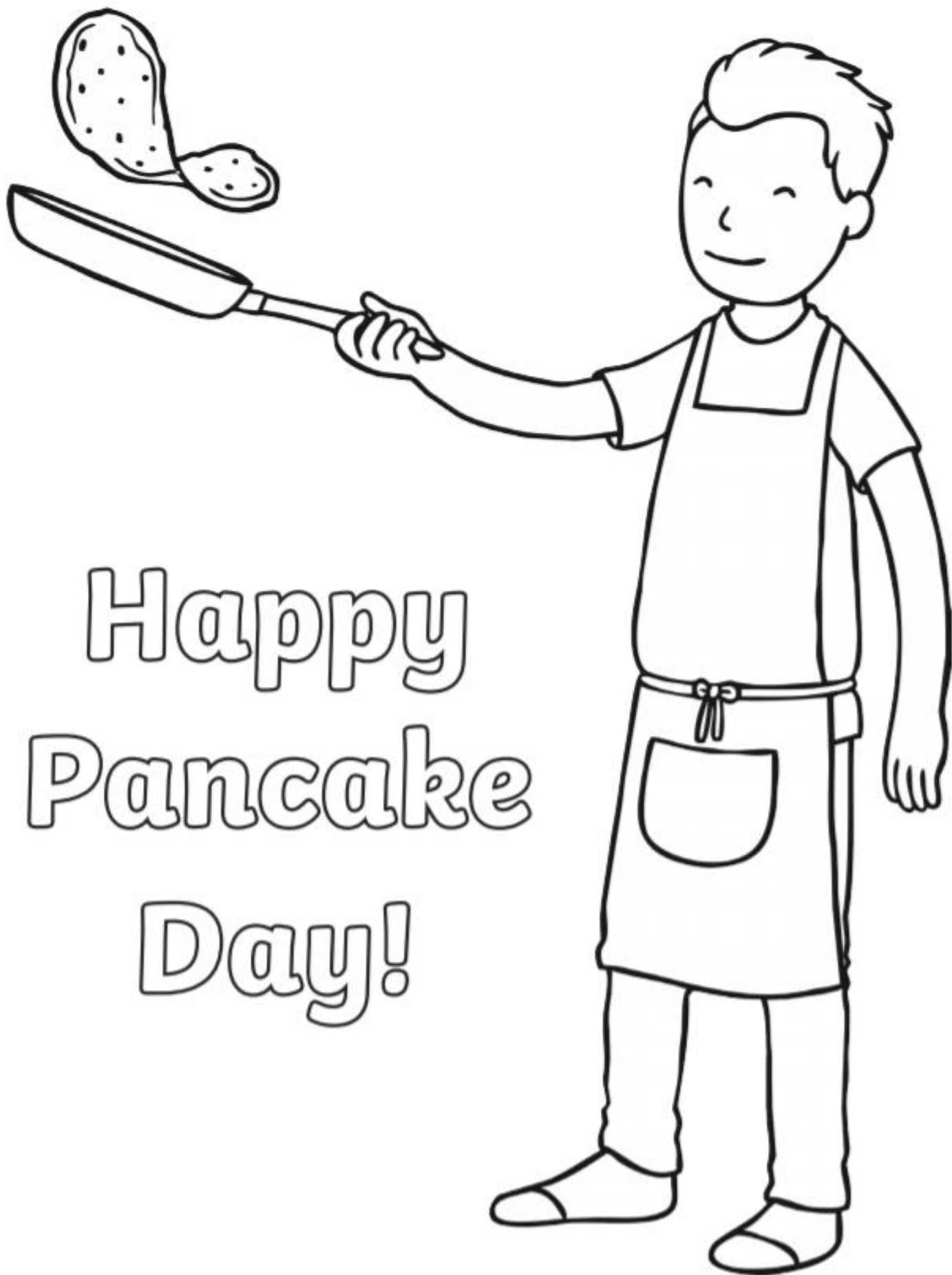


Fizzy Pop £1.00

Pancake Day

Colour in the pancake recipe ingredients.





Happy
Pancake
Day!